



Co-funded by the Asylum, Migration and Integration Fund of the European Union

MDM Greece Factsheet

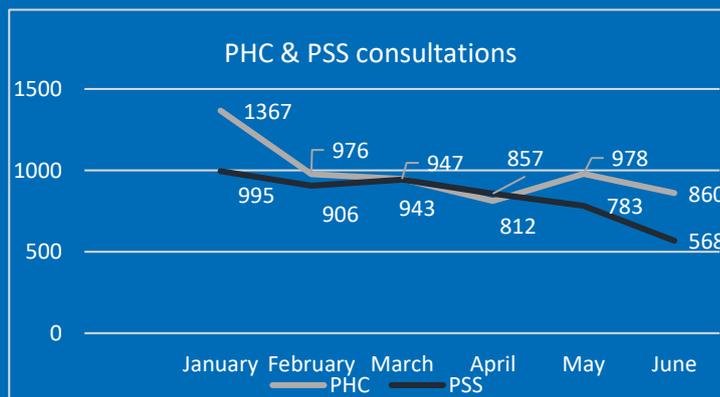
01.01.2019 – 30.06.2019

PHC & PSS activities in Kara Tepe, Lesvos

The Project is funded under UNHCR and aims to sustain and increase access to a comprehensive package of Primary Health Care (PHC) and Psychosocial Support (PSS) Services to the refugees and asylum seekers residing in Lesvos. This is achieved through the operation of a PHC Clinic inside the Hospitality Center of the Municipality of Mytilene located in Mavrovouni / Kara Tepe. The overall accommodation capacity of the Site is up to 1300 Persons of Concern, while priority is given to vulnerable families or families with specific needs.



Provision of primary healthcare: Privacy and confidentiality are guaranteed with single medical consultations. When necessary, patients are referred to the local health facilities of Mytilene with which MDM-Greece has established a sound referral pathway. The medical management and treatment of patients is based on MDM's medical protocols as well as the operating framework of its medical teams and is provided within the limits of outpatient care. Within this framework the medical operating procedures on Lesvos include: medical screening and triage, recording of the medical history of the



patient with particular attention to the existence of chronic and infectious diseases, detection of specific situations (pregnancy, injuries, potential victims of torture), diagnosis, detecting existence of psychiatric / psychological problems and refer them to the PSS staff, evaluation of incidents and priority assignment based on medical necessity, referral for further examination in public primary / secondary health facilities, drafting of reports in collaboration with the nursing staff, immediate

mobilization in case of serious illness, death, violence, epidemics (or risk of epidemic outbreaks), provision of medicines and pharmaceutical treatment.

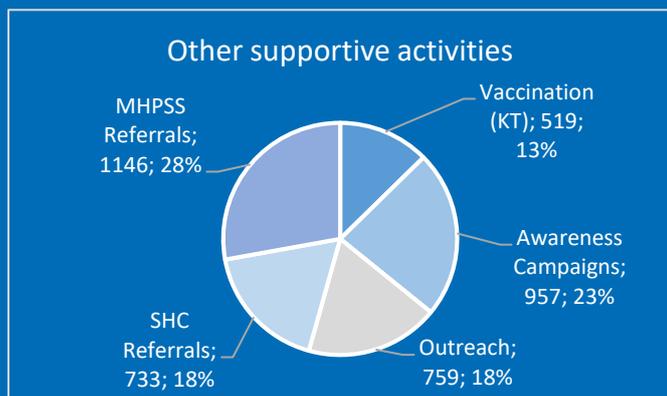
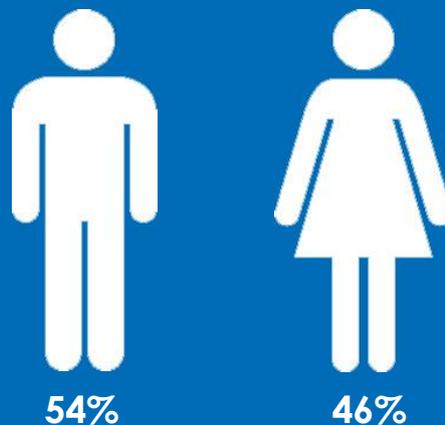
MDM Greece have been implementing PHC & PSS activities in Kara Tepe, Lesvos, for over two years. For the period 01.01.19 to 30.06.19 the total number of consultations reached **10.992**. From those **5.940** were for primary healthcare services and **5.052** were for psycho-social support services, referring to 54,45% and 45,96% respectively.



Provision of PSS Services: The PSS team is responsible for the provision of the following services:

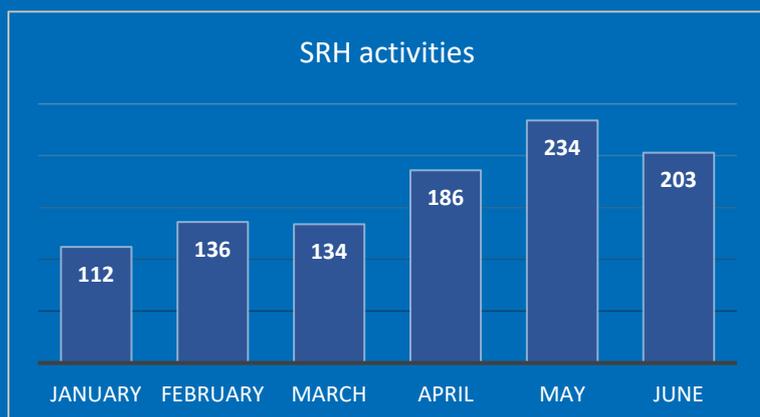
Social counselling: The social workers are the link between the medical and psychosocial support services provision. The role of the social workers is key towards perceiving the needs, tailoring the response and preventing the problems. The social workers warrant effective protection and ensure the proper management, referrals and cultural mediation of cases according to the needs (e.g. to a lawyer, link with protection actors (UNHCR) and other NGOs, internal referrals to the psychologist of the MDM team, referrals of the beneficiaries to the local hospital). The social workers conduct individual and team sessions, coordinate and conduct outreach activities and provide information to the refugee population on the services of MDM.

Psychological Support: The Psychologist provides counselling, undertakes assessments of mental health needs, and contributes to reducing the distress and to improving the psychological wellbeing of the refugees. The experience gained from the long presence of MDM Greece teams on Lesvos Island, has shown that the refugee population faces many psychological problems such as anxiety, depression, anger and traumatic symptoms. Alongside this, a worrisome identification of SGBV trends based on reported incidents (i.e. domestic violence, rape and sexual abuse, in the countries of origin) have been identified. Individual and group (family) counselling / psychological support sessions and PFA are carried out daily by the MDM psychologist in order to help alleviate the refugee population who is in psychological distress due to long standing trauma and/or other psychological problems.

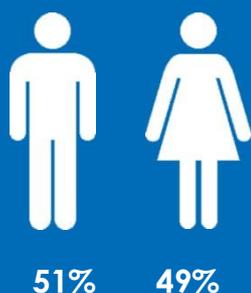


Provision of Sexual and Gender-Based Violence Services and Interventions: In addition to the PSS Services one of the main objectives of the provided services is the support to survivors of (S)GBV. The services provided for (S)GBV cases, mainly focus on prevention, psychosocial and medical support, improvement of social functioning for the individuals. After receiving the social background and the initial tracing and identification of GBV survivors.

Provision of SRH and gynaecological services: The SRH team provides sexual and reproductive health services and conduct consultations with the women and pregnant women in Kara Tepe facility. Different aspects of antenatal care are included in the framework of SRH services, such as: support and information through pregnancy, regular clinical assessments, screening for a range of infections and abnormalities, linkage with the psychosocial support professional if it's necessary and offerings of social and lifestyle advices. Antenatal information is provided to pregnant asylum seeker women residing in Kara Tepe according to their individual needs and their stage of pregnancy. Moreover, group sessions with pregnant and non-pregnant women are organized including information about breastfeeding, painless childbirth, family planning, sexually transmitted diseases, and methods of contraception. It is worth mentioning that on ad hoc basis awareness campaigns about Sexually Transmitted Diseases are also implemented. Moreover, awareness campaigns are planned regarding smear test (PAP test) and HPV vaccination, as well as use and application of spiral contraception method.



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Provision of paediatric services. The childhood and infants care services (diagnosis, management, treatment, counselling and follow up) including children's immunization assessment, vaccination referrals and relevant follow up are provided by a paediatrician who conducts consultations with new-borns, infants and children living in Kara Tepe. Privacy and confidentiality are guaranteed with single medical consultations. When necessary, children are referred to the local health facilities of Mytilene with which MDM-Greece has established a sound referral pathway. The medical management and treatment of children based on MDM's medical protocols as well as the operating framework of its medical teams and is provided within the limits of community based care. The Pediatrician vaccinates children according to the National Vaccination Plan and also prepares student health cards for the children to have access to schools.

